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BY DONNA CARUSO Mark Hyman, MD Healing the Broken Brain Syndrome In his previous book, The UltraSimple Diet (Pocket Books, 2007), Mark Hyman, MD, called himself a "medical detective," a practitioner of the

T^A

Healing the Broken Brain is available now from Amazon or at your local bookstore. It's the perfect gift for a friend or family member whose life has been affected by stroke. It may be just the thing they need to remember that no matter how broken the brain, there are always ways to heal.

Healing the Broken Brain: Guide Book to Stroke Recovery

Elden M. Chalmers, author of the book "Healing the broken Brain" writes on how as humans we can improve and heal many aspects of how we think and act. He does a well job of explaining that our brains need to be healthy and strong for the obstacles that we face in life; in order to do so we must change small habits and change how we think. This book is more of an informational book rather than ...

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Dr. Mike Dow is a best-selling author, psychotherapist, and relationship expert. So why is he writing a book about stroke? Well, what you probably don't know about Dr. Mike is that his younger brother, David, is a stroke survivor.

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