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Student Training Manual . w w w . n e w p o r t t k d . c o . u k Page 2 FOUNDATION OF TAE KWON-DO
Tae Kwon-do is a Korean martial art, which although having roots in the ancient orient, was developed as a modern art from the eight Kwans of Korea. Tae Kwon-Do was inaugurated on April 11th 1955 following extensive research and development by the founder. It was introduced into the United ...

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